A little look inside Home Studio

A gentle creative resource for calm, confidence and connection through screen-free making.

ABOUT THE HOME STUDIO PACK

The full Home Studio Pack is a collection of simple, open-ended creative invitations designed for home. They help children slow down, explore materials, build creative confidence and enjoy the process of making, without worrying about the end result.



INSIDE THE FULL PACK

24 creative invitations
A varied collection to inspire everyday making.

6 easy-to-use categories
Find the right invitation for your day.

Ideas for different ages and stages
Suggestions to help you adapt and extend each invitation.

Hannah's starting points and parent guidance
Gentle prompts, real-life tips and encouragement.

The CALM approach throughout
A kinder, more positive way to be creative together.

THE 6 CATEGORIES

A mix of invitations for different moods, energy levels and moments at home.


5-MINUTE RESET


INDEPENDENT MAKING


AFTER-SCHOOL WIND-DOWN


CREATIVE CONFIDENCE


CREATE TOGETHER


RAINY-DAY PROJECT

What makes it feel different?

The invitations are simple, calm and flexible. They are designed to help you notice more, say less, and let the process matter. Each one is easy to pick up and adapt for your child.

Who is it for?

The pack works especially well from around 1.5/2 years upward, and can stay relevant for older children too. The invitations are easy to adapt, so you can use them with one child or many, across a wide range of ages and abilities.

EACH INVITATION INCLUDES

Every invitation is laid out in the same simple way, so it's easy to follow.

What you need
Simple materials you probably have at home.

Try saying
Gentle prompts to support their thinking and noticing.

Step back
Ideas for how to give them space and build confidence.

Grow it with them
Ways to extend and adapt the invitation.

Explore further
Ideas for taking it in new directions.

A CALM reminder
A simple prompt to keep the focus on what matters.

If you enjoyed this sample, the full pack gives you a whole collection of creative invitations to return to again and again.

AI transparency note: Home Studio was developed and reviewed by Hannah at The Primary Art Network. ChatGPT and Claude assisted with aspects of the writing, illustrations and page design. Some activity images are illustrative rather than photographs of real sessions. Hannah edited and approved the final resource and is responsible for its content.

FREE SAMPLE INVITATION

Chase the Shadows



LIGHT, SHAPE AND STORYTELLING

TIME	PREP	MESS
10–20 mins	2 mins	low

THE INVITATION

Let's look for shadows before we start making. Notice the shapes, edges and spaces they create. You might spot shadows from your hands, toys, leaves, furniture or objects near a window. There is no need to copy them perfectly. This invitation is about noticing, playing and turning what you see into marks, shapes and ideas.



YOU NEED



Paper and something to make marks with. You might also like a torch, a few everyday objects, or a sunny spot near a window.

TRY SAYING

- "What do you notice in the shadow?"
- "Which shapes stand out first?"
- "What happens if we move the object?"
- "Can you turn that shadow into something imaginary?"

STEP BACK

Avoid correcting the drawing or telling them what the shadow should look like. This is about playful noticing, not accuracy.

EXPLORE FURTHER

Try the invitation at a different time of day, move outdoors, or use a torch in a darker space. Notice how the shadows change and how that changes the ideas.

Hannah's starting point

I'd choose something simple to begin with – perhaps a toy animal, a plant, or just our hands near the window.

Before starting, I'd spend a little moment just noticing the shadow shapes.

I might say, "That one looks like a mountain... and that one looks like a bird."

Then I'd invite them to draw around one shape, fill it with marks, or turn it into something imaginative.

It keeps the focus on curiosity and creativity rather than getting it 'right'.

GROW IT WITH THEM

The same invitation can work for different ages and stages. Here are some ideas to build on as their confidence grows.



Little Makers – around 18 months–2 years

Notice one or two strong shadows together. They might scribble over the shape, tap along the outline, or simply enjoy watching it change.



Growing Makers – primary age

Encourage them to trace, draw or fill shadow shapes with lines and patterns. They might turn a shadow into a creature, a landscape or a story scene.



Older Makers – 12+

Experiment with overlapping shadows, torches, different viewpoints or layered drawing. Try using shadow shapes as the starting point for more sustained artwork.

C-A-L-M REMINDER

- **C** Create an invitation to notice and make.
- **A** Allow them to follow the shape that interests them.
- **L** Look closely at how light and shadow behave.
- **M** Make the process more important than the outcome.